

Jenna Obelsky, LICSW
MGH Juvenile Court Consultation Program
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Education and Certification

Licensed Independent Clinical Social Worker, License Number 120034

Simmons Graduate School of Social Work, Boston MA (2012 – 2014)
Master of Social Work, May 2014

Amherst College, Amherst MA (1999 – 2003)
B.A. in Computer Science, May 2003

Relevant Experience

Forensic Social Worker

Massachusetts General Hospital, Juvenile Court Consultation Program/Dorchester Juvenile Court Clinic

- Conduct forensic evaluations of children and their parents/guardians who are before the juvenile court as the subjects of CRA, Delinquency, and Care and Protection petitions
- Conduct Section 12 emergency mental health screenings and observe and participate in training for Section 35 emergency substance abuse screenings
- Gather relevant information for evaluations by interviewing clients, reviewing records, and contacting collateral sources (including but not limited to judges, probation officers, attorneys, DCF staff, school staff, hospital & health center staff, and outpatient mental health providers)
- Provide ongoing case consultation to judges, probation officers, attorneys, school staff, and caseworkers for state agencies (DMH, DYS, DCF, and DDS)
- Provide expert witness testimony as needed

Residential Assessment Clinician

Eliot Community Human Services (ECHS), Juvenile Justice Division/Department of Youth Services

Eliot Boys Assessment Unit, Roslindale, MA September 2015 – Present

Rayne Assessment Unit, Braintree, MA May 2014 – September 2015

- Assessed youths' strengths, risks, and needs and wrote comprehensive forensic evaluations
- Developed treatment recommendations to be implemented in youths' DYS treatment program
- Advocated to DYS upper management for clinically appropriate treatment program location and treatment time assignment within the juvenile justice system
- Met one to two times weekly with youth on caseload to collect assessment information, support adjustment, and collaboratively develop and implement short-term goals that support future treatment needs
- Provided risk assessment during intakes and as needed to determine the appropriate level of care within the residential setting
- Collaborated with families, DYS caseworkers, DCF caseworkers, attorneys, and collateral supports to provide comprehensive case management services
- Facilitated twice-weekly Dialectical Behavior Therapy (DBT) groups to help youth regulate their emotions, improve their relationships, and increase distress tolerance and coping skills

Social Work Intern

Cambridge Juvenile Court Clinic/Adolescent Consultation Services (ACS) - Cambridge, MA

September 2013 – May 2014

- Conducted court-ordered forensic evaluations and made treatment recommendations for court-involved youth and their families to address concerns raised under Child Requiring Assistance (CRA) petitions

- Co-facilitated the Young Women's Issues group: an eight-week-long program where young women met weekly to discuss topics such as family and peer relationships, anger management, self-esteem, substance use, and future goals
- Counseled two mandated clients with a focus on anger management
- Presented cases for consultation during staff meetings
- Collaborated with clinicians, lawyers, probation officers, school administrators, Department of Children and Families, and doctors to better understand clients' needs and to ensure coordinated care
- Advocated for clients' needs at court hearings and treatment team meetings

Social Work Intern

Colebrook High School – Acton, MA

September 2012 – June 2013

Colebrook is a therapeutic high school serving adolescents who have been unable to make adequate progress in the general education setting due to social, emotional, or behavioral difficulties

- Designed and implemented goals for students' Individualized Education Programs (IEPs) to address students' unique learning needs related to their social/emotional disabilities
- Carried a caseload of three students for individual counseling – worked toward mutually agreed upon IEP goals
- Recorded progress towards IEP goals on mid-quarter and quarterly reports
- Planned and facilitated a weekly expressive therapy group, guiding five students through personal exploration and relational challenges
- Supervised milieu activities, modeling healthy interactions and providing feedback to students to improve relationships and emotion regulation

Certifications & Trainings

- CPR & First Aid certified, October 2016
- Trained and certified to use Child and Adolescent Needs and Strengths (CANS), June 2016
- Trained in CPI Nonviolent Crisis Intervention
- Trained in Non-Abusive Psychological and Physical Intervention (NAPPI)
- Trained in Attachment, Regulation, and Competency (ARC)
- Trained in Dialectical Behavior Therapy (DBT)
- 200 Hour Yoga Alliance Teaching Certification

Other Work Experience

Yoga Teacher

Various Locations

December 2013 - Present

Software Quality Assurance Engineer

Vistaprint – Lexington, MA

February 2010 – July 2013

Math Teacher

New Roads High School – Santa Monica, CA

Fall 2007—Spring 2008

Math Teacher

St. Sebastian Middle School – Los Angeles, CA

Spring, Summer 2007

Math Teacher

Suffield Academy, Boarding High School – Suffield, CT

Fall 2003—Spring 2006

Backpacking Trip Leader (Middle School and High School youth) in Alaska & North Carolina

Overland Adventures – Williamstown, MA

Summers 2005, 2006