

# Massachusetts General Hospital BMT Survivorship Program

## **PACT: Parenting at a Challenging Time Program**

Parenting is always challenging, but it is even more complicated when dealing with potentially taxing physical and emotional symptoms, as well as the demands of medical treatment.

The Marjorie E. Korff PACT Program offers guidance to parents with cancer who receive treatment at the Massachusetts General Hospital Cancer Center and are concerned about the impact their cancer diagnosis and treatment may have on their children. PACT staff clinicians work together with parents, drawing on their combined knowledge and experience to develop a plan that each parent can follow to support their child's continued healthy development.

### **What you need to know:**

- PACT clinicians provide individual consultations with parents (the parent with cancer and/or a healthy parent or partner. In some instances this can be someone who acts as co-parent, like a grandparent or extended family member) for one to several sessions, as needed.
- Meetings can be scheduled Monday through Friday at the Mass General Cancer Center in Boston.
- The initial meeting usually lasts about an hour. During this meeting, the PACT clinician will ask questions to learn about you, the other members of your family, your experience with cancer, and your specific concerns. The clinician will talk with you to learn about your child's age, temperament, behavior, and any worries your child may have expressed.
- At the end of the consultation, you will be better prepared to talk with your child, make plans to support your child's coping, and to know the signs that more help is needed.
- Parents determine the need for follow-up visits.

### **Mass General Resources**

PACT Program

[www.mghpact.org](http://www.mghpact.org)

Call 617-724-7272 to schedule an appointment