# Light Therapy as a Treatment for Fatigue in Multiple Sclerosis 

Participants 18 to 70 years old needed

## The Neurological Clinical Research Institute is currently recruiting participants 18-70 years old with multiple sclerosis-related fatigue.



This research study involves a 1-hr screening visit at the MGH Neurology Out Patient Clinic, followed by 2 weeks of sleep tracking, 4 weeks of at home light box usage and an additional 4 weeks of sleep tracking. One additional visit will be required after the treatment and follow up period

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There are no anticipated serious psychological or physical risks to participation. There may not be any direct benefits , but participation is likely to help find the answer to the research question.

## Principal Investigators:

