Pediatric Sedation / General Anesthesia: What to Expect

WHERE AND WHEN TO CHECK IN
Please arrive at the Pediatric Imaging (Ellison 2, Suite 237) at (date/time): __________________________

DAY OF THE EXAM
• Solid food/regular diet or dairy products is allowed UP TO 8 HOURS before your arrival time.
• Chewing gum/candy is NOT allowed.
• Infant formula/Nutrition via Gastrostomy Tube is allowed UP TO 6 HOURS before arrival.
• Breast milk is allowed UP TO 4 HOURS before arrival time.
• Clear liquids and medications by mouth are allowed UP TO 2 HOURS before arrival time.
  Vitamins and supplements should not be taken.
• NOTE: Clear Liquids include: water, fruit juice without pulp (cranberry or apple), Gatorade, Pedialyte, black tea, coffee without milk and plain popsicles (without pulp or milk).
• If you have any questions, please call the Pediatric Imaging Nurses at 617-724-4124.

WHAT TO WEAR AND BRING
• Your infant/child should wear loose clothing.
• If scheduled for an MRI, clothing should have no metal, including snaps, zippers or buckles.
• For young children, please bring a change of clothing, including pull-ups or diapers for those who use them.
• Please bring formula, a favorite cup or pacifier. If they have allergies, bring their special food.

WHO TO BRING
• We request at least one parent or legal guardian accompany the infant/child.
• We ask that you do not bring other siblings, they cannot be left alone while your child is having a procedure.

WHAT MEDICATIONS TO GIVE
• If your infant/child takes medications on a regular basis, consult your pediatrician about giving them prior to the procedure. If your physician instructs you to give your infant/child medications before the exam, please give with clear liquids only.
WHAT TO EXPECT

• Preparation for sedation/GA is about 1 hour.
• The whole process will take between 2-5 hours.
• The exams vary in length.
• A parent or guardian will need to stay during this time.
• Pre-arrange transportation home. Public transportation is not advised.

WHEN TO CALL

• If your child has a cold, cough, flu, fever, vomiting or diarrhea within 4 weeks of procedure, or if you have any questions, please call the Pediatric Imaging Nurses at 617-724-4124.